

Jeffreys Grove Active Families

Physical Education Extra Credit Project

The purpose of this project is to encourage families to be active together.

- Take a picture of a Jeffreys Grove student participating in a physical activity (i.e. bike riding, bowling, walking, etc.) with at least one family member.
- Place the Picture in this space.
- The student describes in the space below what they are doing, who is in the picture, and any other pertinent information about the picture. Three sentences or more please.
- Hand the completed project into Coach Smith by March 11.
- Completed projects that follow this criteria will be placed on a wall display outside the gym.

Projects can be returned if needed. Extra copies of Active Families and Workouts are posted on the PE website: <http://jgesspecialist.weebly.com/pe.html>

Name:

Teacher: